
Frozen Dead Guy Days
March 13 - 15 2020
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Nederland, Colorado
OFFICIAL GUIDE

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BE A FDGD VOLUNTEER!

There is no better way to enjoy Frozen Dead Guy Days than to be a part of it! The festival is always in need of flexible, friendly and hearty souls to help us throw a safe and fun frosty festival in 2020! Volunteer shifts are about 4 hours long and, in addition to a fabulous time, you get a volunteer T-shirt, FDGD commemorative cup, two beer tokens, chili and pizza from Abo's Pizza, entry into all three tents and lots of new friends.

Questions? Please e-mail volunteer@frozendeadguydays.org or visit frozendeadguydays.com



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Frozen Dead Guy Days® is a production of FDGD, LLC
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WELCOME

WELCOME TO NEDERLAND & THE 19TH ANNUAL FROZEN DEAD GUY DAYS!

Cheers Frostifarians!! We made it into a new decade thanks to the energy and support of the festival's new partner Sarah Martin, along with efforts made by the long time FDGD crew, the Town of Nederland and the Nederland Downtown Development Authority. Frozen Dead Guy Days is a cherished and unique Colorado tradition, a holiday of sorts, and we are so grateful to be able to keep this fantastic frosty fiesta alive. We hope that FDGD serves as a bridge to gap divides between us, bringing together so many unique individuals to celebrate life and the inevitable outcome we all all share.

Join us with an open spirit on a journey to create new stories, make life long friends and raise a toast to Grandpa, who is still up in the Tuff Shed.

We ask you respect the Nederland community, it is a lot of folks for a small mountain town, so please park where directed, use those port o potties and tip your servers. The festival is working hard this year towards a zero waste goal so make sure to put your stuff iin the proper receptacles.

Wishing you all the most excellent frozen adventures!

— FDGD, Crew





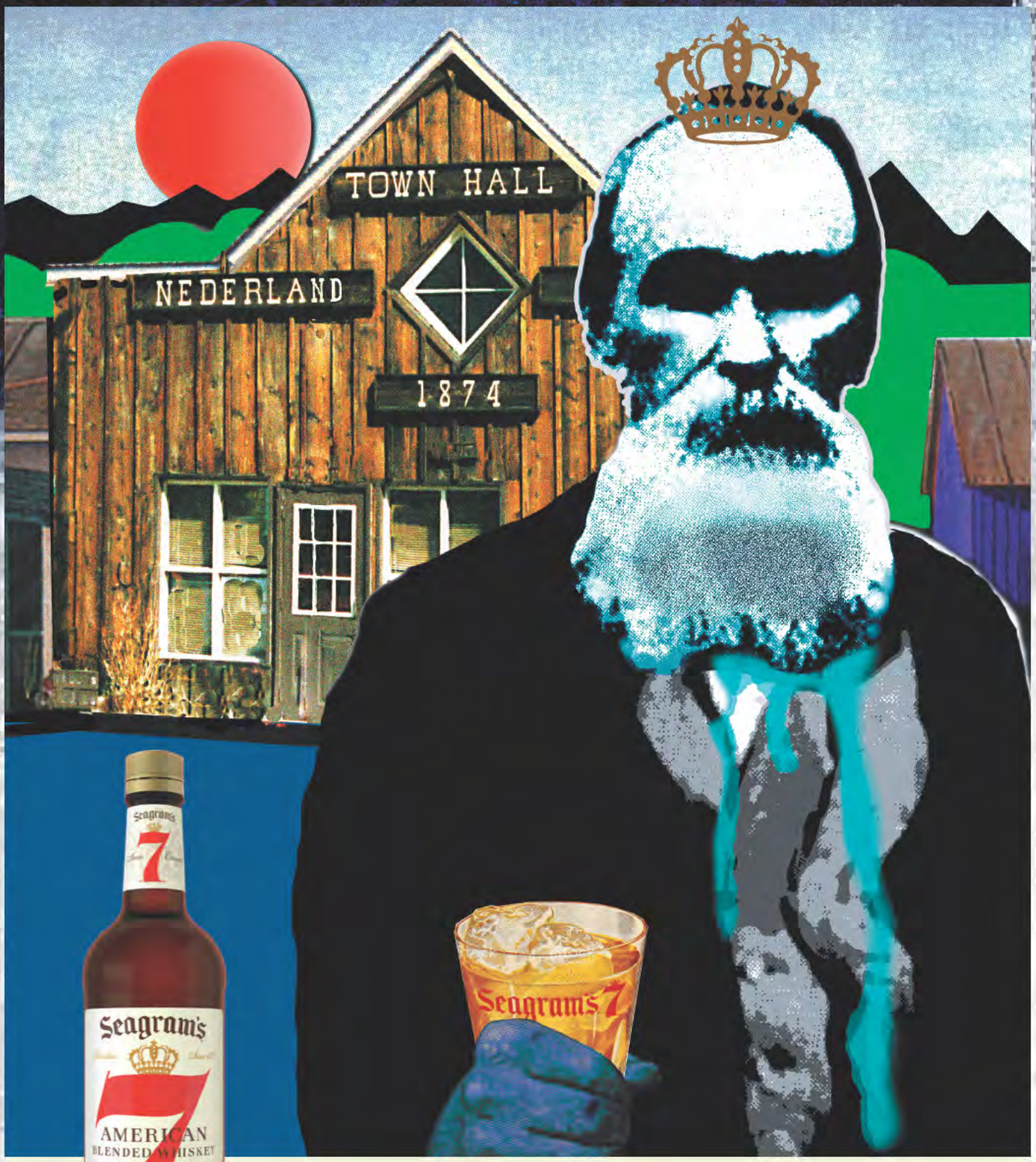
SPECIAL THANKS

FDGD, LLC WOULD LIKE TO ACKNOWLEDGE AND THANK the employees of the Town Of Nederland, The Nederland Police and Fire Department, all the local businesses and the town's residents for participating in helping us throw this frozen spectacular event together.

HEARTFELT THANK YOU to all the beloved volunteers, our amazing sponsors, artists, vendors and, of course, Frostifarians.

Eternally GRATEFUL to an amazing, creative, supportive and inspiring group of folks (in no particular order) Thank you FDGD crew for making the fest a reality for so many years. Special thanks to: Larry Higgins, Sarah Martin, Michelle LaPointe, Jillian Reitsma, Sarah Stillman, Campbell & Patrick Dawson, Ron Mitchell, Bruce Lish, Jason Rideout, Jay Rizzi, Chris Perret, Shane McMahon, Kathryn Stanford, Stephen Hayes, Erin & the Vito's, Stephanie Andelman, Katheryn Gennelly, Lauran Knight, Amy Debennedictis, Caribou Room & Sweet Wave crew, Hank the "III", Derrick Stevens, Alan Hawkins, Teresa Crush Warren, Rob Leary & coffin race crew, Matt Lynch, Tim Dillon, Little Foot John Bunting, Brad Wickham, Kerry Luna, Colorado Community Radio Network, Mark Smith, Sean Green, Krystal Hartman, Bradley Banta, Brenda Gavin, Brigitte Johnson, Jess Larrabee, Olive Camp, Dave Sevcik , Paul Norton, Tim McCullough, Ela Mirowski, Mary Meade, Kerry Luna, Michael Ruiz, Nate James, Cherie Cook and countless others we may be missing. It really takes a community to make this special, crazy event happen.

Callum and Wyatt Coulson for helping mom and James Hultgren thank you so much for all the great years and we can't wait to meet your mini-me Hugh!



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FESTIVAL INFORMATION

Frozen Dead Guy Days takes place in and around Nederland - three days of frosty merriment featuring 30 live bands, outrageous events and more. See the complete schedule on pages 23-34 for all the free-to-watch frosty events along with three heated tents providing beer, spirited drinks, food and live music.

FREE OUTDOOR EVENT VIEWING & ACCESS TO BEER & FOOD!

$25 WRISTBAND FOR ENTRANCE INTO ALL 3 LIVE MUSIC TENTS ON SAT AND SUN (PURCHASE AT ANY TENT).

ENTRY TO FRIDAY'S BLUE BALL / A COSMIC AFFAIR $20 IN ADVANCE/ $25 AT THE DOOR.

FESTIVAL TENTS

ReAnimate Yourself Tent GUERCIO FIELD

SPIKED SNOWMELT CRAFT HARD SELTZER

Friday, March 13: 4PM – 1AM (Blue Ball)
Saturday, March 14: 11AM – 1AM
Sunday, March 15: 12PM – 9PM

Features Bredo's Brew and other craft beers, cocktails at the Ice Bar, live music, Grandpa's Gift Shop and delicious food vendors. Sponsored by Snowmelt / Upslope

Not Yet Dead in Ned Tent FORMERLY BRAIN FREEZE TENT 1ST STREET DOWNTOWN

Saturday, March 14: 11PM – 10PM
Sunday, March 15: 12PM – 6PM

The Not Yet Dead in Ned tent is on 1st Street in downtown Nederland and features Nederland artists and musicians as well as spirited cocktails at the Ice Bar, brews by Upslope Brewery, Grandpa's Gift Shop & live painting.

Bacon, Bourbon & Brews Tent NEW LOCATION! GUERCIO FIELD

Saturday, March 14: 11AM – 10PM
Sunday, March 15: 12PM – 9PM

The Bacon Bourbon & Brews (3B) tent features craft breweries, local distilleries, bacon vendors and live music.

ALCOHOL

Open containers of alcohol are not allowed anywhere within town limits. NO BYOB, please.

You must be 21 and show proof of age in order to receive a 21+ wristband and purchase tokens for beer and specialty drinks in the tents where alcohol is served. Beer tokens will be sold outside the tent areas; servers will not take cash for beer.

You may be asked by Festival Security or local police to dump or dispose of alcohol when it is being consumed in public areas, INCLUDING streets and neighborhoods.

WEATHER

It may be sunny and 60 degrees or windy and 30 degrees, and it may be both in the same day. Please come prepared for the worst albeit hoping for the best. Wear comfortable, weather proof shoes and a genuine smile whenever possible.

LODGING

Nederland hotels fill up quickly. The Boulder Adventure Lodge (A-Lodge) is located five minutes up Boulder Canyon from downtown Boulder, just a short drive to Nederland. The A-Lodge is offering complimentary shuttle service to and from the festival all weekend for guests! The entire lodge is reserved for FDGD participants! Call to book: 303-444-0882.

ENJOY NEDERLAND

Tucked in the Rocky Mountains just west of Boulder, Nederland has a history rich in mining and music and a future as the hub of the Peak to Peak Community. With unique shops, amazing outdoor beauty, friendly locals, and vibrant music scene, Nederland is definitely not your average small town. More Information, visit: NederlandCO.org

DOGS

Frozen Dead Guy Days is a very crowded, loud and chaotic festival. Please leave your dog at home. If you must bring your pooch remember:

- Dogs are **NOT ALLOWED** in the tents or tent area.
- Dogs must be on leash **AT ALL TIMES**.
- Dogs tied up outside tent areas, shops and restaurants without their owner are considered "at large" and you could be ticketed.

You must **PICK UP AFTER YOUR DOG,** so please come prepared.

OOPS I FORGOT IT! OR I NEED MORE OF IT!

There is an Ace Hardware store located off HWY 119, as well as a B & F Grocery store and Mountain Man Outdoor store, both in the Caribou Shopping Center. ATMs are at several locations around town as well as at the tents.

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TRANSPORTATION & PARKING

Nederland is a small town and parking is limited; please help by carpooling or taking the bus.

BUS TO SHOW

A shuttle provided by Bus To Show will run to Nederland from Denver and Boulder during the Festival. It's a safe and fun way to enjoy the festival!

PUBLIC TRANSPORTATION

Catch the N Bus from Boulder to Nederland. There is a HUGE parking lot at 6th and Canyon in Boulder next to the Justice center and a bus stop across the street. Go to the RTD website for info on routes and schedules for the front range.

DRIVING DIRECTIONS

FROM BOULDER: Take Canyon Drive (HWY 119) 17 miles West (up) to Nederland. Please note that there is construction on Canyon Drive and it may take longer than usual to get up the canyon. Alternate routes are advised.

FROM WESTBOUND: I-70: Take I-25 North to HWY 36 (Boulder Turnpike) and follow it into Boulder. Turn left on Canyon Drive (HWY 119) and go 17 miles west (up) to Nederland.

FROM EASTBOUND: I-70: Take Exit 244 (Route 6) to HWY 119 and turn left (north). Follow that through Blackhawk/Central City, down past Rollinsville and on into Nederland.

ALTERNATE ROUTES: Scenic routes to Nederland from Denver include HWY 6 to HWY 93 and from HWY 93 to HWY 119 (Peak to Peak):
HWY 72 (Coal Creek Canyon)
HWY 42 (Golden Gate Canyon)

PARKING

You will be directed to parking once you reach Nederland. Please follow the directions of flaggers to locate festival parking. Parking is first come, first served.

STREET PARKING:
There is parking along Boulder Canyon Drive as you approach town from the east, along Big Springs Drive as you approach town from the south, and on Caribou Road, just to the west of town off the Peak to Peak Highway. All street parking is one side only, and you must pull all the way off Boulder Canyon Drive or you will be ticketed/towed. Please be mindful when parking on the street and DO NOT park in front of driveways.

PARKING LOTS:
- Park-n-Ride Lot — Jackson Street and West 2nd Street (Peak to Peak Hwy)
- Nederland Public Parking — located at 3rd and Jefferson
- Chipeta Park — Lakeview Drive off Bridge Street
- Nederland Community Center (there is a walking path to festival) — One half mile up Peak to Peak Hwy from the roundabout in downtown Nederland
- Caribou Room (shuttle to festival) — 1 mile up Peak to Peak Hwy from the roundabout on Indian Peaks Drive

Nederland is a very small town so please plan on parking once and not re-parking to keep traffic down. Everything is walkable.

DO NOT park where is say "No Parking." You may be ticketed and/or towed.

WE WANT TO THANK THE NEDERLAND DOWNTOWN DEVELOPMENT AUTHORITY AND ELDORA FOR FOR PARKING SUPPORT.




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THE FROZEN HISTORY

BY TERESA CRUSH WARREN

Nederland's infamous winter festival, Frozen Dead Guy Days, has evolved over the past 19 years like a snowflake into a blizzard. No other place has such a frozen icon to celebrate. Call it cabin fever or the Rocky Mountain Mardi Gras, by the second weekend in March each year the natives get restless and are ready for a good ol' mountain-style party in frozen fashion. Ranked by USA Today as one of the top five "Best Cultural Festivals of 2017," winner of the Everfest 300 Award for "Best Festival in 2017" and Everfest's "Favorite Unique Festival in 2015," Frozen Dead Guy Days continues on its journey into this, the 19th year of putting on the best frickin' freezer party in all the world.

Frozen Dead Guy Days is based on the discovery of a man on dry ice in a shed on top of a hill overlooking the town. Nederland didn't ask for this distinguished honor. He just seemingly landed in our backyard. Our controversial cryonaut, Bredo Morstol, pronounced ("breaddough more-stul") was a native of Norway who died in 1989 at the age of 89 and was frozen by his grandson, Trygve Bauge, also a Norwegian national. Transported to the United States on dry ice, Morstol was stored at Trans Time's facility in Oakland, CA until December 1993.

Trygve, who had a background in architecture and was then living in Nederland, had ambitions of setting up his own cryonics facility on property he owned near town. The proposed Rocky Mountain Life Extension Center never did

Continued on page 14

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Continuted from pg 12

come into being as planned, but the upshot was that Morstol ended up in a shed on Trygve's property. He rests there to this day, although the shed has been upgraded to a Tuff Shed, donated by the company several years ago. He is packed in dry ice which is replenished every month.

Due to an expired visa and some other questionable antics, Trygve himself was deported back to Norway in December 1993, just after he had moved "Grandpa" here. After his exit, he was able to continue maintaining Bredo on dry ice through several proxies, or as we refer to them, "icemen." Bo Shafer of Delta Technogroup, Inc. cared for Grandpa for 16 years. Brad Wickham, a Nederland resident, was Bo's successor and continues serving in that role today. Although at first resistant and nervous, Nederland residents and officials gradually came to accept the frozen grandpa in their midst.

Finally in 2002, the Chamber of Commerce, looking for a theme for a winter festival to draw visitors here during the slow time of year, decided to capitalize on the situation by inaugurating the Frozen Dead Guy Days Festival honoring our icy resident.

The quirky event they created, which can be summarized as the best "Dead Man's Party" in the world, has produced plenty of exciting moments in its history. Many have been documented by the national and international television along with the print media that attend annually.

In 2002, the New York Times ran a story on its front page and a report from Reuter's News Service brought in more than 50 interview requests from radio stations around the world. Bill Guist of CBS' Sunday Morning News brought his camera crew in 2003 and articles have run in the Melbourne (Australia) Times, Forbes magazine, the Boston Globe, Philadelphia Enquirer, Sports Illustrated, National Geographic, Sunset Magazine, Los Angeles Times, London Times, Associated Press, various newspapers and magazines in Norway, and more.



Continuted on page 16

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Continuted from pg 14

One year, a Belgium reality television show filmed a segment during the event with Herbert Flack, a Belgian movie star. He went to local hangouts, recruited a coffin race team, built a coffin and ran the course. He also won the Grandpa Look-Alike contest after a professional makeup artist spent three hours turning his face into an icy monster.

In 2014, a Japanese show filmed Itteq and Degaw, two of the country's top TV stars taking part in the event. When they each submerged into the icy depths of the Polar Plunge, Itteq transformed into a butterfly and Degaw was inside a giant balloon that dramatically descended into the frigid water.

Additionally, there have been specials about Frozen Dead Guy Days on Discovery Channel, Travel Show, Games Across

Continuted on pg 18







THE SHOP

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for a glass of wine at Augustina's Winery,
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Continuted from pg 16

America and On the Road TV, which included the festival in an hour special highlighting their pick of the best four festivals in the country. An episode of Booze Traveler filmed during last year's festival featured video of host Jack Maxwell taking part in the event.

In its 19 years, Frozen Dead Guy Days has seen an





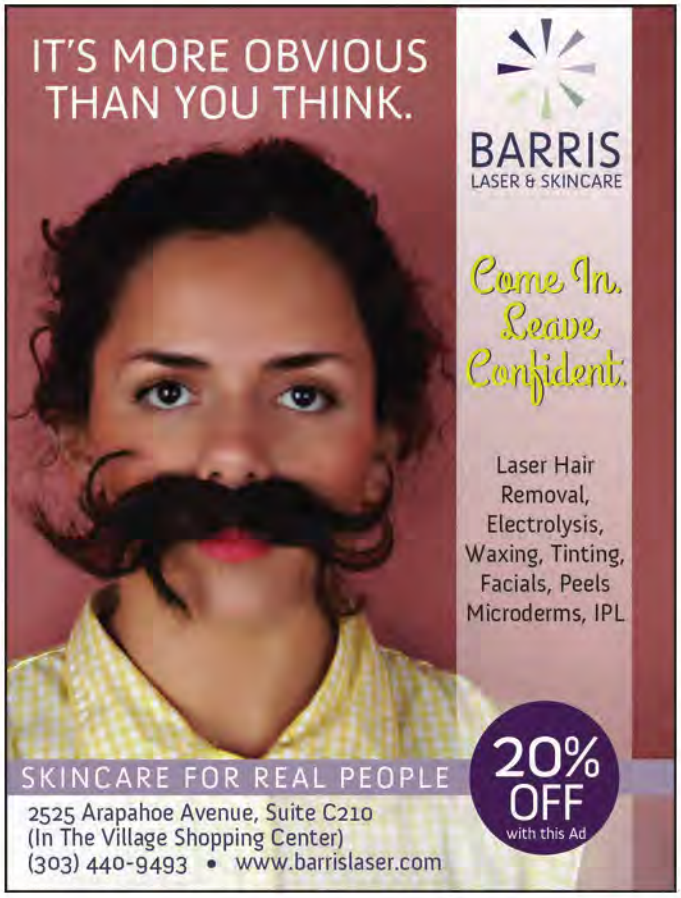
astounding and remarkable growth in attendance and size. The first year, which was just a single day, attracted 1,700 people. The attendance the past couple of years—for what is now a three-day event—is estimated to have been close to 25,000.

Over the years, several breweries have commemorated the event with their brews. They include "Dead Guy Ale" by Rogue Brewing, New Belgium Brewery's "Two Below," "Six Feet Under ESB" by Wild Mountain Smokehouse & Brewery and "Bredo's Brew" by Grossen Bart.

Official poster designs have also evolved from the more stylized designs of the first eight years by Brent Warren to the more recent designs of poster artist Jay V. Rizzi.

We know that you will enjoy your time in Nederland at Frozen Dead Guy Days, so be sure to thank the more than 100 volunteers who help make the event, and it's many facets, run smoothly.







THE PASSING OF A LEGEND

FDGD 2020 HONORARY PARADE MARSHAL



Tom Hendricks

April 30, 1949 – January 6, 2020

BY, MONICA LASALLE

The Frozen Dead Guy Days Community would like to pay tribute to the passing of one of its beloved members this past January.

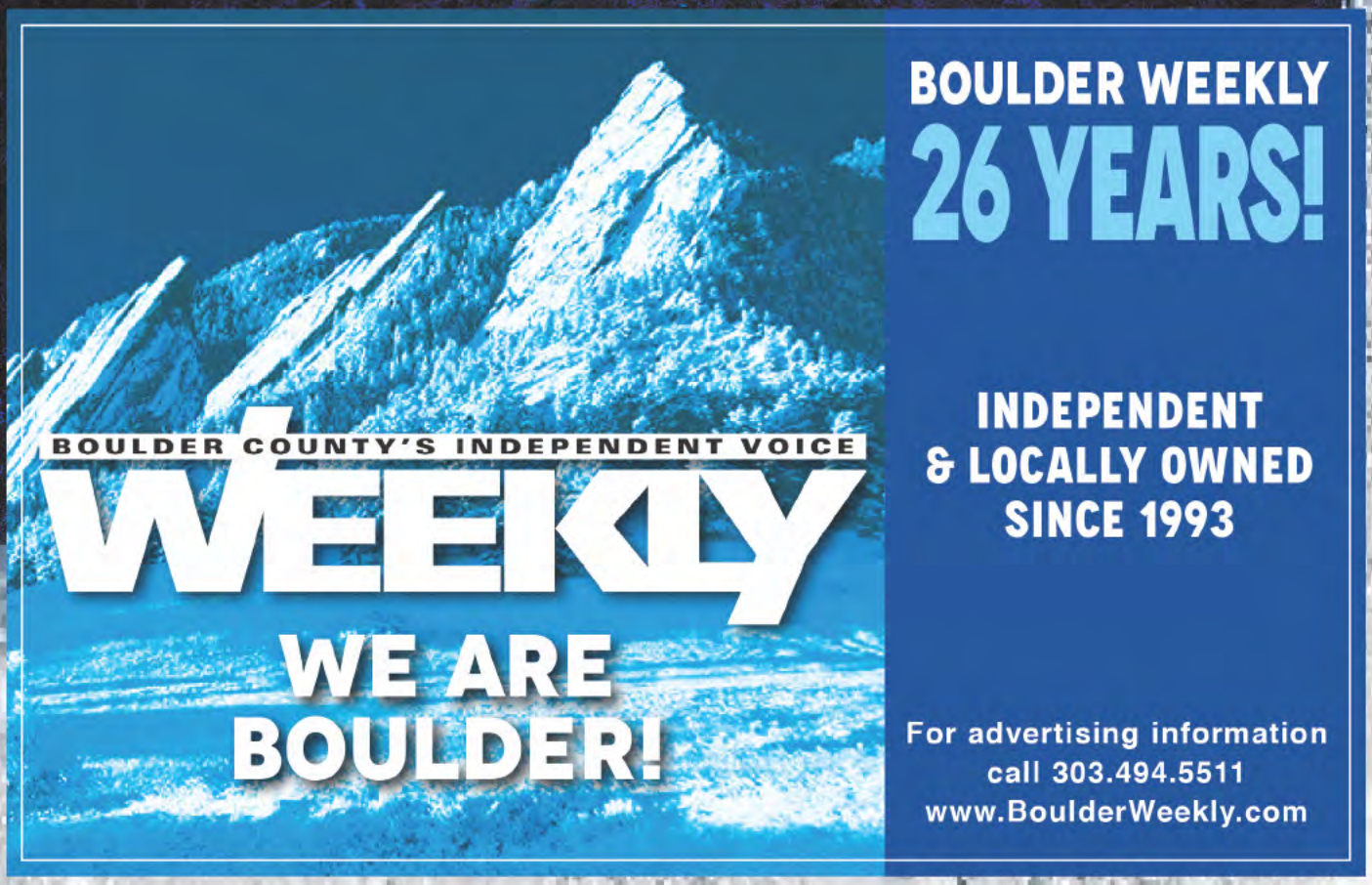
There have been many years that the weather just would not cooperate for the making of the annual



Frozen Dead Guy Days Festival. The dang wind would blow the snow in all the wrong places, or the snow would not fall at all in time for the creation of carefully planned stages like the Coffin Race course, Turkey Bowling, or Salmon Toss. What, may I ask, is the use of a Polar Plunge on an uncharacteristically warm day? During those years of unusually warm or uncooperative weather, anyone could see a community of dedicated volunteers coming together with heavy equipmentexpertise in snow moving and people flexing muscle with shovels and rakes all working hard to ensure the festival comes off without a hitch. Instrumental in this effort year after year was a local miner named Tom Hendricks. An iconic Mountain Man, Tom would come down from his mine at the top of Caribou Mountain, tall boots splashed mud, and bring SNOW whenever the festival was in dire need, or move an overabundance of snow (yes, that has happened a time or two), putting it in all those strategic places that resulted in another year of thrills, chills and joyous laughter.

I could tell you that Tom was a dedicated family man, community member and a born and raised miner who had lived and worked these mountains since his arrival from Colorado Springs as a young man fresh out of his father's limestone operation, and at one time had worked at seven different mines at once while attending the University of Colorado. That does give one hint at the kind of man

Continuted on pg 22


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generations
ColoradoTeardrops.com

Continuted from pg 20

he was. I could tell you that once Tom moved an old cabin up to the Caribou Mine site in his early 20's, he loved it so much he never moved back down and preferred to carry water from the creek to boil for his tin bath tub. But Tom was so much more to the mountain community, to the mining industry, to his family, and definitely to the Frozen Dead Guy Days family. All the awards and accolades he acquired over the years attest to his professional accomplishments; however the magic that came from this hard working man's hands flowed directly from his heart and into all those he touched with his kind, generous and gentle spirit. Year after year, the festival planners could rely on Tom to help out in any way they needed, pulling off the last minute prepping efforts with a twinkle in his eye and a grin for all. The FDGD community will be forever grateful to have worked side by side with such an amazing person, and forever be indebted to him for all the great years he selflessly contributed to the festival's planning and creation. Cheers to you, Tom. We look forward to seeing you this year in spirit!













FESTIVAL ESSENTIALS

Page 24-25 **BLUE BALL**
Page 26-27 **EVENTS YOU CAN JOIN IN**
Pages 28-29 **FESTIVAL SCHEDULE**
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Pages 32 **FOOD & BREWS**
Pages 34 **FESTIVAL MAP**

10Best USA TODAY READERS' CHOICE 2019

WORLD'S BEST FESTIVALS FEST300 2015

Everfest Favorite Unique Festival 2015

FRIDAY, MARCH 13TH - BLUE BALL

BLUE BALL

A COSMIC AFFAIR

REANIMATE YOURSELF TENT 4PM - 1AM

Tickets: $20 online/ $25 at the door

Attire: Frosty Mountain Formal

8 PM
GRANDPA BREDO AND ICE QUEEN LOOK-ALIKE CONTEST

Have a ball dancing through Galaxies riding your etherial plane. Live music, Bredo's Brew and other spirited drinks at Tim's Big Dipper bar and yummy fare available just outside the door.



ALFONZO

BLUE BALL 4:30PM

Well beyond his years and hailed as a "real bluesman" Alfonzo brings music that transcends social boundaries while taking you on an emotional ride from the Delta to Chicago and then into unexplored territory. As a performer, songwriter, producer and multi instrumentalist from Colorado, Alfonzo's beatnik style Soul, Blues and Funk provides stories of a thousand different cities in his songs. Frequently sharing the stage with both local and nation's favorites, Alfonzo puts on a fully immersive stage performance that leaves the audience begging for more!



CHAIN STATION

BLUE BALL 6PM

Chain Station is a 4-piece, high-energy, get 'em out on the dance floor string band from Denver, Colorado. Their music is well-steeped in Americana roots, with vocal harmonies that are high, lonesome, and tight. Their picking ranges from lightning-fast to mountain mellow. They are a bluegrass band that would satisfy a picky old-timer and delight fans of newgrass, a delicate balance indeed. Chain Station brings a perfect balance of Bluegrass & New Grass guaranteed satisfy all!



SMOOTH MONEY GESTURE & SPECIAL GUESTS

BLUE BALL 8:30PM

Touring the country spreading their music, joining forces with other bands and musicians playing shows and festivals together, jamming on stage, and most important trying to always make their shows and songs different every time making every show one you won't want to miss.

You are going to dance and have some fun with this high energy locals favorite.

"SILENT DISCO"
10:30 PM TO 1 AM

FEATURING
DJS SASSFACTORY & GANGSTERISH







YOUR BLUE BALL WRISTBAND GETS YOU INTO THE LATE NIGHT SHOW WITH TOUBAB KREWE AT THE CARIBOU ROOM!
(ADDITIONAL $18 VALUE)





EVENTS YOU CAN JOIN IN ON

Frozen Dead Guy Days is built on the participation of its festifarians! Check out the many classic dead guy day contests—whether you compete or cheer others on, you're helping keep the spirit of FDGD alive!



SNOWY HUMAN FOOSBALL

Saturday, March 14 from 12PM – 4PM
Sunday, March 15 from 1PM – 3PM
100 EAST 1ST STREET
Entry Fee: $5/person | Viewing: FREE

It's like Foosball with real people (6 per team). Walk-up registration onsite ($5/player) at the Foosball court—just show up! Spectacular Prizes. Portion of proceeds go to support the Nederland High School Sophomore class. Every participant MUST fill out a release and waiver.



COSTUMED POLAR PLUNGE

Saturday, March 14 at 1:30PM - 2PM
GUERICIO FIELD
Entry Fee: $10/person | Viewing: FREE

Jump into the icy pool! Check in onsite at Guercio Field before plunging. If you need to register, visit Headquarters at least one hour prior to plunge. $5 of each registration goes to support TEENS, Inc. Outdoor Leadership Program. Prizes awarded for best costume, runner-up costume, and best team plunge (2-4 people) Every participant MUST fill out a release and waiver.



COFFIN RACES

Saturday, March 14 at 2PM - 3:30PM
GUERICIO FIELD
Entry Fee: $75/team | Viewing: FREE

Six dressed up pallbearers carry a corpse through a snowy course full of obstacles and chilly challenges. Finish times will be determined when the last team member has crossed the finish line. The top four teams will race in quarter finals, top two from each heat will race for 1st and 2nd place. Prizes awarded for best time team, runner up time team, best theme, and most notable screw up. Every participant MUST fill out a release and waiver.

WAIVER REQUIRED FOR THIS EVENT. All event participants must sign a waiver and wear a proof-of-waiver wrist band. Visit the Teen Center at 151 East St. from 9AM - 12NOON on Saturday or at the event.

EVENTS YOU CAN JOIN IN ON



FROZEN T-SHIRT CONTEST

Saturday, March 14 at 3PM - 4PM and 5PM - 6PM
Sunday, March 15 at 1PM - 2PM
15 EAST 1ST STREET
Entry Fee: $10/person | Viewing: FREE

Try and slip into something frozen... faster than everyone else. $10 entry fee; register at the event. Every participant MUST fill out a release and waiver.



BRAIN FREEZE CONTEST

Saturday, March 14 from 3PM – 4PM
Sunday, March 15 from 2PM – 3PM
1ST STREET ACROSS FROM NOT YET DEAD IN NED TENT
Entry Fee: $5/person | Viewing: FREE

Contestants race against each other downing ice cold treats for fabulous prizes. $5 entry fee; register at the event. Proceeds go to Nederland Food PantryEvery participant MUST fill out a release and waiver.



ICY TURKEY BOWLING

Saturday, March 14 from 3PM – 5PM
Sunday, March 15 from 1PM - 3PM
1ST STREET ACROSS FROM NOT YET DEAD IN NED TENT
Entry Fee: $5/person | Viewing: FREE

Test your poultry bowling skills! $5 entry fee; register at the event. Every participant MUST fill out a release and waiver.



FROZEN FIX-A-FLAT

Saturday, March 14 at 4PM - 5PM
Sunday, March 15 at 2PM - 3PM
LOCATION: ON THE CLOCK TOWER PATIO AT 112 E 2ND ST. (BY TIN SHED SPORTS & SALTO COFFEE WORKS)
Entry Fee: FREE | Viewing: FREE

Dunk your hands in a cooler of ice for 1 minute and see how quickly you can fix a flat tire on a bike wheel! Live music. Prizes awarded. Every participant MUST fill out a release and waiver.

FDGD 2020 FESTIVAL SCHEDULE

FRIDAY, MARCH 13TH

BLUE BALL / A COSMICALLY FROZEN AFFAIR 4PM - 1AM

REANIMATE YOURSELF TENT

Tickets: $20 in advance/ $25 at the door

Live Music. Costume Contest—Be crowned Cold-As-Ice Queen or Grandpa Bredo (each winner is also awarded a prize package valued at $350). Silent Disco from 10:30 pm until 1 AM.

SATURDAY, MARCH 14TH

REGISTRATION & WRISTBAND PICK-UP 9AM - NOON

TEEN CENTER, 151 EAST STREET

Register for the Polar Plunge, Coffin Races & Parade of Hearses. Waiver pick-up for ALL FDGD events (waivers on site for smaller events.) All event participants must sign a waiver and get waiver wristband.

PANCAKE BREAKFAST 8AM - 11AM

NEDERLAND COMMUNITY CENTER (.5 mi North on HWY 72, or walk the path up Jefferson St.)

Pancakes, Eggs, Sausage, Cereal, Yogurt, Banana, Coffee, and Orange Juice. $12 Adult, $5 Under 12, $5 requested contribution for 60+. Sponsored by and supporting the Nederland Area Seniors.

GRANDPA'S MALL CRAWL 11AM - 8PM

DOWNTOWN NEDERLAND (1st St. east of the Visitor Center)

Nederland's 1st. St. transforms into a pedestrian mall so revelers can enjoy street performers and participate in brain freezing and frozen t-shirt contests, icy turkey bowling and more!

REANIMATE YOURSELF TENT OPEN 11AM - 1AM

GUERCIO FIELD

Bredo's Brew and other craft beers / cocktails at the Ice Bar. Live Music (see music schedule) & Grandpa's Gift Shop.

BACON BOURBON & BREWS (3B) TENT OPEN 11AM - 10PM

GUERCIO FIELD

Craft brews and spirits. Bacon! Live Music (see music schedule.)

NOT YET DEAD IN NED (FORMERLY BRAIN FREEZE) TENT OPEN 11AM - 10PM

1st STREET

Featuring all-Nederland local artists and musicians. Craft Beer and Spirited Cocktails, Live Music (see music schedule) & Grandpa's Gift Shop.

VIEWING OF "GRANDPA'S IN THE TUFF SHED" DOCUMENTARY 10:30AM - 5:30PM

CARIBOU SHOPPING CENTER, 20 LAKEVIEW DR.

Watch award-winning "Grandpa's in the Tuff Shed" short film; shows approx. every 30 minutes.

"CALL ME NED" MUSICAL PERFORMANCE 11AM & 4PM

BACKDOOR THEATRE (750 HWY, 72N.)

What would happen if the frozen dead guy thawed out and came back to life? Could he convince anyone he was the real Grandpa Bredo during the festival? This tongue-in-cheek musical provides an enjoyable event with it's toe-tapping songs and hilarious situations.

PARADE OF COFFIN RACERS & HEARSES 12PM NOON

PARADE STARTS AT THE TEEN CENTER, 151 EAST ST. (EAST END OF 1ST ST.) AND GOES UP (WEST ON) 1ST ST.

Parade Participants check in and line up at the Teen Center.

SNOWY HUMAN FOOSBALL 12PM NOON – 4PM

100 EAST 1ST STREET

REGISTER AT THE EVENT. It's like Foosball with real people (6 per team.) $5/Player (walk-up registration—just show up!) Spectacular prizes. All proceeds benefit Nederland Robotics Club. Waiver required to participate.

LIVE VULTURES & OTHER SCAVENGERS 12PM - 4PM

WILD BEAR NATURE CENTER CARIBOU SHOPPING CENTER, 20 LAKEVIEW DR., UNIT 107

THE NEWLY DEAD GAME COUPLES EDITION 1PM - 1:15PM

CARIBOU SHOPPING CENTER, 20 LAKEVIEW DR.

Buried or cremated? How well do you know your partner? Find out at the Newly Dead Game.

POLAR PLUNGE 1:30PM – 2PM

GUERCIO FIELD

Costumed Polar Plunge. Jump into the icy pool! Check in onsite at Guercio Field before plunging. If you need to register, visit Headquarters at least one hour prior to plunge. $5 of each registration goes to support TEENS, Inc. Outdoor Leadership Program. Prizes awarded for best costume, runner-up costume, and best team plunge (2-4 people). Every participant MUST fill out a release and waiver.

FROZEN DEAD SHOWINGS 2PM

BACKDOOR THEATRE

A local independent TV pilot series

COFFIN RACES 2PM – 3:30PM

GUERCIO FIELD

Teams of seven race head to head with a coffin and 'corpse' in tow, through a course full of obstacles, mud, snow and drills. All part must cross the finish line to qualify. Prizes awarded for best time team, runner up time team, best theme and most notable snafu on course. Waiver required to participate.

ICE CARVING COMPETITION WITH BONGO LOVE AND FRIENDS 2PM - 4PM

100 EAST 1ST STREET

View some of Colorado's most talented ice carvers create works of art right before your eyes and vote for your favorite before it melts.

FROZEN T-SHIRT CONTEST 3PM - 4PM

15 EAST 1ST STREET

Try and slip into something frozen... faster than everyone else $10 entry fee; register at the event. Waiver required to participate.

BRAIN FREEZE CONTEST 3PM - 4PM

ON 1ST ST. IN FRONT OF THE NOT YET DEAD IN NED TENT

Contestants race against each other downing frozen slushies for fabulous prizes. $5 entry fee; register at the event. Waiver required to participate.

ICY TURKEY BOWLING 3PM - 5PM

ON 1ST ST. ACROSS FROM THE NOT YET DEAD IN NED TENT

Test your poultry bowling skills in the Icy Turkey Bowling Contest... you're welcome to BYOFF (bring your own frozen fowl) $5 entry fee; register at the event. Waiver required to participate.

FROZEN HORSESHOES 3PM - 5PM

Gold Dirt Distillery in Rollinsville at 275 Tolland Rd.

FDGD 2020 FESTIVAL SCHEDULE

Take your horseshoe out of a bucket of water and toss it to the stake. Beat your opponent. Free to participate. Live music by Fast Floyd 3:00 – 5:00PM. Craft cocktails with spirits distilled onsite. Waiver required.

FROZEN FIX-A-FLAT 4PM - 5PM
ON THE CLOCK TOWER PATIO AT 112 E 2ND STREET (BY TIN SHED SPORTS & SALTO COFFEE WORKS)
Dunk your hands in a cooler of ice for 1 minute and see how quickly you can fix a flat tire on a bike wheel! Live music. Prizes awarded. Waiver required to participate.

FROZEN T-SHIRT CONTEST 5PM - 6PM
15 EAST 1ST STREET
Try and slip into something frozen... faster than everyone else.$10 entry fee; register at the event. Waiver required to participate.

THE NEWLY DEAD GAME INDIVIDUALS EDITION 5PM - 5:15PM
WILD BEAR MOUNTAIN ECOLOGY CENTER CARIBOU SHOPPING CENTER, 20 LAKEVIEW DR. UNIT 107
Everyone in the audience can play along.

HOT WING TRIVIA 5PM - 6PM
NED'S, 121 N. JEFFERSON STREET
$7 entry fee; register at the event. Down fiery hot wings while answering trivia questions. Contestant who finishes their plate first and answers 3 questions correctly wins! Fabulous prizes. Waiver required to participate.

FROZEN DEAD POET SLAM 5PM - 6PM
ON A SOAP BOX ON 1ST ST. ACROSS FROM THE NOT YET DEAD IN NED TENT
Bring your poems, musings and odes to Grandpa.

SUNDAY, MARCH 15TH

FDGD PANCAKE BREAKFAST 8AM - 11AM
NEDERLAND COMMUNITY CENTER (.5 mi North on HWY 72, or walk the path up Jefferson St.)
Pancakes, Eggs, Sausage, Cereal, Yogurt, Banana, Coffee, and Orange Juice. $12 Adult, $5 Under 12, $5 requested contribution for 60+. Sponsored by and supporting the Nederland Area Seniors.

VIEWING OF "GRANDPA'S IN THE TUFF SHED" DOCUMENTARY 10:30AM - 5:30PM
CARIBOU SHOPPING CENTER, 20 LAKEVIEW DR.
Watch award-winning "Grandpa's in the Tuff Shed" short film; shows approx. every 30 minutes.

THE NEWLY DEAD GAME INDIVIDUALS EDITION 12PM - 12:15PM
CARIBOU SHOPPING CENTER, 20 LAKEVIEW DR.
Everyone in the audience can play along.

LIVE VULTURES & OTHER SCAVENGERS 12PM - 3PM
WILD BEAR NATURE CENTER CARIBOU SHOPPING CENTER, 20 LAKEVIEW DR., UNIT 107

GRANDPA'S MALL CRAWL 12PM - 6PM
DOWNTOWN NEDERLAND (1st St. east of the Visitor Center)
Nederland's 1st. St. transforms into a pedestrian mall so revelers can enjoy street performers and participate in brain freezing and frozen t-shirt contests, icy turkey bowling and more!

REANIMATE YOURSELF TENT OPEN 12PM - 9PM
GUERCIO FIELD
Bredo's Brew and other craft beers / cocktails at the Ice Bar. Live Music (see music schedule) & Grandpa's Gift Shop.

NOT YET DEAD IN NED (FORMERLY BRAIN FREEZE) TENT OPEN 12AM - 6PM
1st STREET
Featuring all-Nederland local artists and musicians. Craft Beer and Spirited Cocktails, Live Music (see music schedule) & Grandpa's Gift Shop.

BACON BOURBON & BREWS (3B) TENT OPEN 12AM - 9PM
GUERCIO FIELD
Craft brews and spirits. Bacon! Live Music (see music schedule.)

FROZEN T-SHIRT CONTEST 1PM - 2PM
15 EAST 1ST STREET
Try and slip into something frozen... faster than everyone else $10 entry fee; register at the event. Waiver required to participate.

SNOWY HUMAN FOOSBALL 1PM - 3PM
100 EAST 1ST STREET
REGISTER AT THE EVENT. It's like Foosball with real people (6 per team.) $5/Player (walk-up registration—just show up!) Spectacular prizes. Waiver required to participate. All proceeds benefit Nederland Robotics Club.

ICE CARVING COMPETITION WITH BONGO LOVE AND FRIENDS 1PM - 3PM
100 EAST 1ST STREET
View some of Colorado's most talented ice carvers create works of art right before your eyes and vote for your favorite before it melts.

ICY TURKEY BOWLING 1PM - 3PM
ON 1ST ST. ACROSS FROM THE NOT YET DEAD IN NED TENT
Test your poultry bowling skills in the Icy Turkey Bowling Contest... you're welcome to BYOFF (bring your own frozen fowl) $5 entry fee; register at the event. Waiver required to participate.

FROZEN FIX-A-FLAT 2PM - 3PM
ON THE CLOCK TOWER PATIO AT 112 E 2ND STREET (BY TIN SHED SPORTS & SALTO COFFEE WORKS)
Dunk your hands in a cooler of ice for 1 minute and see how quickly you can fix a flat tire on a bike wheel! Live music. Prizes awarded. Waiver required to participate.

BRAIN FREEZE CONTEST 2PM - 3PM
ON 1ST ST. IN FRONT OF THE NOT YET DEAD IN NED TENT
Contestants race against each other downing frozen slushies for fabulous prizes. $5 entry fee; register at the event. Waiver required to participate.

FROZEN DEAD SHOWINGS 2PM
BACKDOOR THEATRE
A local independent TV pilot series

FROZEN DEAD POET SLAM 2PM - 5PM
ON A SOAP BOX ON 1ST ST. ACROSS FROM THE NOT YET DEAD IN NED TENT
Bring your poems, musings and odes to Grandpa.

THE NEWLY DEAD GAME COUPLES EDITION 4PM - 4:15PM
CARIBOU SHOPPING CENTER, 20 LAKEVIEW DR.
Buried or cremated? How well do you know your partner? Find out at the Newly Dead Game.

WAIVER REQUIRED FOR THIS EVENT. All event participants must sign a waiver and wear a proof-of-waiver wrist band. Visit the Teen Center at 151 East St. from 9AM - 12NOON on Saturday or at the event.

SATURDAY, MARCH 14TH MUSIC SCHEDULE

REANIMATE YOURSELF

11AM – 12PM
SUGARBEAT BAND



12:30PM – 2PM
DIRK QUINN BAND



2:30PM – 4PM
LOS CHEESIES



4:30PM – 6PM
OLD SALT UNION



6:30PM – 8PM
EMMA'S LOUNGE



8:30PM – 10PM
DEAD FLOYD



BACON, BOURBON & BREWS

11AM – 12PM
CROWBOY



12:30PM – 2PM
QUITTING WHITNEY



2:30PM – 4PM
SORRY PARTY



4:30PM – 6PM
DEAD PAY RENT



6:30PM – 8PM
GHOST TOWNERS



8:30PM – 10PM
FLASH MOUNTAIN FLOOD



NOT YET DEAD IN NED

11AM – 12PM
DWAYNE HAGGINS



12:30PM – 2:00PM
NEW FAMILY DOG



2:30PM – 4PM
SEEING STARS



4:30PM – 6PM
LUNSFJORD CUNNANE



6:30PM - 8PM
GREEN BUDDHA



8:30PM - 10PM
THE MALAI LLAMA



REANIMATE YOURSELF & BBB TENT LOCATED IN GUERCIO FIELD. NOT DEAD YET IN NED TENT & TWEENER STAGE LOCATED ON 1ST STEET.

SUNDAY, MARCH 15TH MUSIC SCHEDULE

REANIMATE YOURSELF

12:30PM – 2PM
300 DAYS



2:30PM – 4PM
TIERRO BAND



4:30PM – 6PM
TWANG IS DEAD WITH ROSS JAMES



6:30PM – 8PM
THE DRUNKEN HEARTS



BACON, BOURBON & BREWS

12:30PM – 2PM
AUGUSTUS



2:30PM – 4PM
FOXFEATHER



4:30PM – 6PM
EXTRA GOLD



6:30PM – 8PM
XOA



NOT YET DEAD IN NED

12:30PM – 2PM
THE ALCAPONES



2:30PM – 4PM
ELECTRIC TOAST



4:30PM – 6PM
HOWLIN' GOATZ



$25 WRISTBAND

ACCESS TO ALL 3 MUSIC TENTS. SATURDAY & SUNDAY. ONE TIME PURCHASE AT ANY TENT ENTRANCE. BEST $25 EVER SPENT AT ANY FESTIVAL!

FOR MORE INFORMATION REGARDING MUSIC AT FDGD, CHECK OUT: FROZENDEADGUYDAYS.COM

TWEENER STAGE

Located in the drinking area behind the NOT DEAD YET IN NED tent.

SATURDAY MARCH 14TH
12PM, 2PM, & 4PM
(30 MINUTE SETS)

SUNDAY MARCH 15TH
2PM & 4PM
(30 MINUTE SETS)

MUSIC AROUND TOWN

THE CLOCK TOWER COLLECTIVE (SALTO)
112 E 2ND STREET, NEDERLAND
March 13 The Two-Fifties 5pm
March 14 J.W. Schuller Trio 3pm

ELDORA
2861 ELDORA SKI RD, NEDERLAND
March 14 Tara Rose 1pm
March 15 Crazy Horse 1pm

GOLD DIRT DISTILLERY
275 TOLLAND RD, ROLLINSVILLE
March 14 Fast Floyd 5pm

KATHMANDU
110 N. JEFFERSON ST, NEDERLAND
March 14 The CBDs 7pm

KNOTTED ROOT BREWING COMPANY
250 NORTH CARIBOU STREET, NEDERLAND
March 13 Ric Stone & Tom Hall 6pm
March 14 Leslie & The Carpenters 5pm
March 15 Onda 1pm

NED'S
121 N JEFFERSON ST, NEDERLAND
March 13 Frozen Dub Allstars 10pm
March 14 DJ Blue 10pm

VERY NICE BREWING COMPANY
20 LAKEVIEW DRIVE #112, NEDERLAND
March 13 Wild Faith 6pm
March 14 Mountain Reverb 6pm
March 15 Eric Stone & the Witness Protection Program 4pm

FAB FOOD & BREWS

ROCKY MOUNTAIN SLICES Rocky Mountain Slices brings the classic New York style pizza to the streets of Colorado.

MCDEVITT TACOS Our mission is to provide high-quality Boulder-style tacos In a fun relaxing atmosphere while supporting our local community.

VEGETABLE EXPRESS A Nederland-based vegan food trailer specializing in Plant-Based takes on Meat-Based classics. Warm your body and feed your soul with their mozzarella sticks or a Philly seitan sub. Gluten-Free options are available!

ANDY'S ICE Hand and homemade sausages with homemade sauerkraut, huge smoked turkey legs, hot pretzels, and homemade chili. Serving all big events in Colorado.

CAPITAL CITY WRAPS Capital City Wraps is a mobile truck focusing on fresh flavorful handheld wraps.

MAC 'N NOODLES Mac 'N Noodles is a specialized gourmet Mac 'N Cheese truck serving the front range.

ORIGINAL BY GREEK Original By Greeks serves authentic Greek street food across the Front Range

TIBET FOOD TRUCK Tibet's Food Truck serves Himalayan cuisine such as chicken tikka masala, saag, sweet potato masala, samosas and Momo dumplings.

ABO'S PIZZA Authentic New York pizza. Abo's serves pizza by the slice and hot chocolate.

AMERICAN GRILL Awesome burgers (Steele's Meats Lafayette). Bratwurst from Old Style in Louisville. Amazing fries. Hot Dogs. Buns from the Marketplace Bakery in Longmont. Everthing locally Sourced.

LUCKY MARY'S BAKING At Lucky Mary's we pride ourselves on serving the best desserts in Colorado. From funnel cakes to ice cream, and cupcakes we will satisfy your palate.

STEADY SMOKING BBQ We offer an affordable menu of hot dogs, nachos, BBQ and more.

TACOS WITH ALTITUDE Tacos with altitude serves authentic Mexican food and snacks



BREWS (21 AND OVER)

GROSSENBART BREWERY (REANIMATE YOURSELF TENT)

UPSLOPE BREWING (GUERCIO PARK & NYD TENT)

LUMPY RIDGE BREWING (REANIMATE YOURSELF AND 3B TENTS)

CRAZY MOUNTAIN BREWING (3B TENT)

SEAGRAM'S 7 SAMPLING (GUERCIO PARK)

SPIKED SNOWMELT CRAFT HARD SELTZER

NED BREWS BEER table featuring local breweries Very Nice, Knotted Root & Busey Brews (located in the 3B tent)

FOOD VENDORS ARE LOCATED DOWNTOWN AND AT GUERCIO FIELD. YOU MUST BE 21+ WITH ID. ID CHECKS ARE LOCATED DOWNTOWN AND IN GUERCIO FIELD.

FIND COOL FROZEN DEAD GUY MERCHANDISE AT GRANDPA'S GIFT SHOPS.

Located in the Not Yet Dead In Ned & Reanimate Yourself tents, Guercio Field, Nederland Visitor Center.

T-SHIRTS, HOODIES, POSTERS, HATS, DRINKWARE, PUZZLES & MORE



ORDER ONLINE AT: FROZENDEADGUYDAYS.COM




MUSIC TENTS LOCATED IN GUERCIO FIELD:
REANIMATE YOURSELF
BACON BOURBON & BREWS
MUSIC TENT & STAGE LOCATED ON 1ST STREET:
NOT YET DEAD IN NED (FORMELY BRAIN FREEZE)
TWEENER STAGE
March 13 - 15 2020
MAP LEGEND
FIRST AID
FOOD VENDORS
ID CHECK
PARKING
PORTA POTTY
FDGD
FESTIVAL MAP
N
THE CARIBOU ROOM
ESTES PARK
72
BOULDER
BOULDER CANYON DRIVE
119
NEDERLAND COMMUNITY CENTER
NEDERLAND CO
BRIDGE ST.
3RD ST
2ND ST
CLOCK TOWER
EAST 1ST. ST.
SNYDER ST.
EAST ST.
VIP AREA
GUERCIO FIELD
TEEN CENTER
(SATURDAY REGISTRATION & WRISTBAND PICKUP)
BARKER MEADOW RESERVOIR
NED PARK-N-RIDE
WEST 1ST. ST.
JACKSON ST.
N. JEFFERSON ST.
NED'S
CHIPETA PARK
LAKEVIEW DR.
CARIBOU SHOPPING CENTER
BIG SPRINGS DR.
NO PARKING

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RESTRICTIONS MAY APPLY | REC ONLY | 21+

TERRAPINCARESTATION.COM

21+ Rec
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Aurora, CO 80012

21+ Rec
11900 E. 33rd Ave.
Aurora, CO 80010

21+ Rec
1795 Folsom St.
Boulder, CO 80302

21+ Rec & Med
5370 Manhattan Cir. #104
Boulder, CO 80303

21+ Rec
650 20th Ave
Longmont, CO 80501

POETRY SLAM

BY, SARAH MARTIN

Throughout our lives in times of importance; births, weddings, funerals and commencements, poetry is often included to reflect our universal occasions. Music is the poetry soundtrack of the human experience. While Frozen Dead Guy Days festival is a showcase for music and revery, it is also a conversation starter about our inevitable mortality. We are proud to have the Dead Poetry Slam again this year on 1st Street on Sunday. Described in a 2016 article by Thomas Ivory Jr "A wild and mysterious spell is cast upon any venturing soul who steps upon the dusty Rocky Mountain peaks, who breathes in the cool pine-scent air of the continental glaciers, who shields their eyes from the bright elevated sun of a world this much closer to god and to nature.





As with any magic, there are consequences, inspiration, and empowerment. During Frozen Dead Guy Days in Nederland, Colorado, there is also poetic freedom in the form of the Frozen Dead Poet Slam.

"Poetry is a thing that everyone can do," said Marcus If, 49, Headmaster for Beyond Academia Free Skool in Nederland and producer of the event, "It's just a matter of waking people up to the fact that they can write poetry too."

Frozen Dead Guy Days is proud to be able to include poetry in the street on Saturday, look for someone standing on a stool as well as the Dead Poetry Slam Sunday. If you want to know more or get involved, here are some websites to ignite the poet in each of us:

loveshovelranch.com
&
boulderpoetrytribe.com





PUTTING THE "FUN" BACK IN FUNERAL



FREE RIDE TO YOUR OWN FUNERAL IF YOU DIE WHILE LISTED WITH:

JIMMY KEITH

303-898-2795 BROKER–RE/MAX OF BOULDER

GOURMET TOFFEE HANDCRAFTED IN SMALL BATCHES

Look for us at Frozen Dead Guy Days!



Purveyor of Frozen Dead Guy Day Frosty Toffee

PINE MOUNTAIN TOFFEE COMPANY

Golden, Colorado





Available locally at events and our online store!

WWW.PINEMTTOFFEECO.COM

THE CARIBOU ROOM

LIVE MUSIC

EVENT CENTER

Concerts ⁂ Special Events ⁂ Parties ⁂ Receptions ⁂ Movies

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Friday, Mar. 13
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Frozen Dead: A Return Home



BY, JIM MCVEY

"Frozen Dead" will be shown at the Backdoor Theatre on Saturday, 2:00 pm. It will be shown twice on Sunday, at 2:00 pm and 4:00 pm. "Frozen Dead" is an independent TV series pilot that has won awards in three international film contests.

A young woman appears one night in a Colorado mountain saloon with her seven-year-old daughter and a bag full of money, begging to be frozen dead. Terminally ill and running from a dark past, she arrives just as the town of Nederland is preparing for its annual celebration of Grandpa Bredo, whose body remains cryonically preserved in the nearby mountains. Four local residents must decide her fate, including a young scientist who can't resist her beauty and courage. When an undercover FBI agent shows up, convinced that the woman—the prime suspect in a West Virginia murder—is hiding somewhere in town, he finds more than he can bargain for among a cast of eccentrics living on the margins of mainstream America.

The story of the American West has always been defined by a complicated mix of history and myth, and "Frozen Dead" is no exception. Just as western history has generated western myth, western myth has influenced western history. "Frozen Dead" capitalizes on this legacy, weaving historical events into its narrative texture, providing a dynamic backdrop for the drama to unfold. But it's hard to separate history from myth, and nothing is ever quite as it seems.

Historically, Nederland enjoys a rich tradition of mining, music, and colorful characters. In the 1860s, the nearby mining district of Central City and Black Hawk was known as the "richest square mile on earth." In the 1970s, the best rock musicians of the day journeyed to Caribou Recording Studio to make records and party in town. More recently, Nederland has gained international notoriety for Frozen Dead Guy Days, the festival named in honor of Grandpa Bredo.

But it's in the realm of myth where things get interesting. In "Frozen Dead," there is no illusion about the government swooping in to save the day. Town residents understand that, on some level, they are on their own. To help them comprehend these bewildering times, they turn to ancient indigenous traditions and prophecies. Virtually all the characters—town residents as well as those who come to Nederland to be frozen dead—share a deep yearning to return home.

Like our cultural obsession with vampires and zombies, the fascination with cryonics is rooted in themes of death and immortality. Driving this fascination is a sense of nostalgia—the desire to recover something that is



Love, Life, and Immortality Through Cryonics.

already gone, or soon to be gone. Today, in the Anthropocene, that which is nearly gone is the Holocene—the geologic epoch in which we humans emerged and thrived as a species. If only on an unconscious level, we are experiencing the loss of the only world we've ever known. The existential threats posed by climate change and mass extinction foretell an uncertain, less hospitable world in the future. The idea that we can stop time through technology—in this case, cryonics—stems from a profound longing to return home. A return to the state to which we owe our existence.

For more on "Frozen Dead," visit:
www.frozendead.org





Photo Credits William Garrison



Grand Island Resources joins in welcoming friends and family to Nederland CO and thanks all who donate, volunteer and participate in the Frozen Dead Guy Days Festivities.

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Grand Island Resources looks forward to sponsoring Miners Days in September and bringing Pack Burro Racing to the town of Nederland.

SAVE THE DATE: September 19th and 20th, 2020

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FROZEN DEAD GUY DAYS



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GHOSTBUSTING WITH COMPASSION

Don't be afraid of spirits! What you want to know about spirits.

In honor of this wonderful frozen dead guy festival, I thought I would shed some light on the spirit world. Many people are afraid to talk about spirits because they don't understand it. Some people are naturally gifted to connect with spirits and then there are some who are more prone to have spirits attached to them. Spirits are more likely to cling to you if your vibration is weak or wobbly, you have been sick for a long time, or you may have a strong water element according to Chinese medicine.

My name is Thuy, pronounced "twee." I'm a spiritual ninja and I do Chinese face reading, energy clearings and space clearings. In my space clearings I've had to send some spirits back to the 5th dimension. I can only sense them. I don't channel them or communicate with them very often.

You shouldn't be afraid of spirits. Most are harmless. Spirits are all around us because they haven't crossed over yet. Sometimes they don't know they are dead. Sometimes they are waiting for someone. They can get bored and playful, which is when you may experience noises and things moved in your home. If you suspect to have spirits in your home, you can ask them to leave. Have a conversation with them. You may not really hear a conversation, it's something you feel. They will find a way to communicate with you. You can help them cross over compassionately, watch my video on YouTube "Ghostbusting with Compassion."

People that are energetically sensitive may have spirits attached to them as they go about doing everyday things. You can also pick up spirits being in a space that a spirit resides in. They can be attached to someone else and then decide to stay at your home or attach to you instead. This happened to me. I hosted a Chinese New Years party one year and the spirit was a teenage boy that decided to stay. I guess he decided we were more fun! I discovered it a week later. I sent it back to the 5th dimension after having tea with him. Spaces that are close to busy streets tend to have more hitchhiker spirits.

With Chinese face reading, I can usually tell if a person is sensitive or has the potential to connect with the other side by the forehead, ears, and eyes. These areas are linked to the water element and that is a super-power.

In most Asian cultures, they do all sorts of things to honor their ancestors. They want their ancestors to protect and bless them. These are the spirits you want to visit and guide you. To cultivate their visit, have an altar to honor them.

I call on my grandmother all the time. I have her picture up and give her flowers and fruits. My grandma shows up for me via grapefruit! When she was living she would give me two pieces of grapefruit, called pummelo, when I came home from school. Bien Hoa Vietnam is famous for this type of grapefruit. This is where we are from. I would get so mad because I would want more. She rationed everything because Vietnam was so poor. I smell grapefruit or have a craving for it. I begin to salivate and then taste it. When this happens I know she wants me to pay attention to something. For this reason, I love grapefruit essential oils and products with grapefruit in it. So if you experience signs from someone who has crossed over, know that it is not so weird!

To protect yourself from spirits attaching to you, meditate and connect to the light daily. Put yourself in a protection light field and ask that only the good is welcomed to come in. Fill your environment with high vibrational things such as colors, flowers, plants, crystals, essential oils, and symbols such as crosses, the evil eye, hearts, and dream-catchers. Eat foods of vibrant colors that are whole and natural. Bless everyone you come in contact with. Wish for them a happy life. This raises your vibration and the vibration of the world.

I would love to hear your experience with spirits. If you feel you have spirits attached to you or your home, connect with me via social media or email.

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NO CRADLE-TO-GRAVE WASTE AT FDGD2020

Over the past 19 years, FDGD has been incrementally minimizing trash and increasing sustainability. This year FDGD has engaged Henry Harding, Sustainable Solutions Specialist, who has an understanding of Leave No Trace that is beyond extraordinary. "Nederland and FDGD are in consensus that a positive environmental impact template needs to be in place for all community events," says Sarah Martin, co-owner of FDGD, "the festival is confident that our commitment to the civic opportunity of providing data from our event area on 1st Street and Guercio Field will inform future environmentally conscious organizations and foster cultural partnerships to thrive and feel welcome in Nederland "

Zero Waste is all about keeping things out of the landfill and having them recycled as often as possible. Festivals tend to produce a lot of disposable waste, and it is important to FDGD organizers to minimize their waste impact. "When we say Zero Waste we mean 90% or better," says Henry Harding, Sustainable Solutions Specialist, "...for this year's FDGD we'll work towards the goal of 90% waste diverted away from landfills. We've hit 70% 2 years ago, and think we can get closer to our Zero Waste target for 2020."

To get the job done, bins will be strategically placed based on waste output in that location and will be visible to festivarians. Since the festival is throughout the town, it is likely that people will bring waste from other establishments into the festival area. The most important thing is to NOT contaminate the recycling containers with landfill material and vice versa since both containers will have to be put in the landfill.

Stations will be marked with what can and cannot go into the recycling containers. But if you are in a rush to get to the Turkey bowling event or are having a cranial freeze determining what goes where, we have volunteers stationed at waste receptacles, helping guide you quickly to the right bin. Without our volunteers this festival would not be possible, so please give them a thanks when you have the chance. YOU KNOW WHAT A CAN IS, please take the extra few seconds to get it in the proper receptacle.



LETS TRY REALLY HARD TO MEET OUR 90% RECYCLED WASTE GOAL THIS YEAR SO MAMMA EARTH STAYS PLENTIFUL AND BEAUTIFUL... OH, AND SO GRANDPA DOESN'T THAW OUT!

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Frozen Dead Guy Days

March 14 & 15

Noon — 4 PM

Wild Bear Nature Center

TEBO
PROPERTIES

How Colorado Does Death Differently

By Gail Rubin, CT, The Doyenne of Death®

If you are in Nederland for Frozen Dead Guy Days, you'll see that Colorado does death differently. In fact, Bredo Morstoel, the Dead Guy at the center of the celebration, helped change local regulations.

In the laws of Nederland, a provision states it is illegal to keep a frozen human or animal on your property. We have Norwegians Grandpa Bredo, his daughter Aude, and his grandson Trygve Bauge, to thank for this.

Trygve, a colorful character who came to Nederland from Norway, was a big believer in cryonics and reanimation. He also flouted authority, which resulted in his eventual deportation back to Norway. When Aude told a local reporter that her dead father was housed in a metal casket inside a dry ice-lined crypt in a shed behind the house, a local uproar ensued.

The town council wanted the bodies (yes, there were more than one) removed. Aude threw a fit at a council meeting. She was eventually deported back to Norway. Bredo fortunately was "grandfathered in" to stay in Nederland.

If you come to the festival showings of the humorous documentary, "Grandpa's in the TUFF Shed®," you'll learn the whole outrageous story. The film is shown approximately every 30 minutes on Saturday and Sunday from 10:30 a.m. to 5:30 p.m. in the Caribou Shopping Center, 20 Lakeview Drive. Look for the EVENT banners!

This is just one example of how Colorado does death differently. Here, you can hold a DIY home funeral, cremate a body on an open-air pyre, and use water-based processes to reduce a body to the bones. In the future, body composting may also become an option.

Home Funerals and Burying Bodies

It is legal to hold a funeral at home in Colorado. Family and friends can help wash and dress the deceased, sit with the body, and prepare for final disposition: burial, cremation, or donation to science. A family member can serve as the funeral director, in charge of filing the paperwork with the state to get the death certificate, disposition permit, and recording a burial with the county.

You can bury a body in Colorado on your own property, provided you follow these rules:

- Once a death certificate has been obtained from the family doctor or hospice, ideally within five days, the county registrar or coroner will issue a disposition permit.
- A body must be refrigerated or embalmed within 24 hours (dry ice can extend this time).
- Before burying a body on private land, make sure the location meets city/county zoning rules.
- Burials on private property must be recorded with the county within 30 days of burial, with the latitude and longitude coordinates of the burial site, verified by two witnesses or the county coroner or sheriff.



Cremation Options

Cremation is the process of reducing the body to the bones. Traditionally, this is done with fire. Funeral homes offer cremation in a natural gas-fired machine called a retort. Colorado is the only place in the United States where you can have a legal, open-air funeral pyre cremation with the Crestone End-of-Life Project .

In Crestone, family and friends can cremate the deceased, with a half cord of firewood set alight. However, to take advantage of this service, you must be a resident or landowner in Saguache County, where Crestone is located. Learn more at www.InformedFinal-Choices.org/Crestone/.

Coloradoans can also legally cremate with a water-based process, alkaline hydrolysis. The body is put into a vessel with water and alkaline chemicals. By elevating water temperature with circulation, decomposition speeds up. Within hours, organics are reduced to the basic building blocks of life: amino acids, salts, sugars, nutrients and soap. At the end of the process, the only remains are the inorganic minerals of the bones, pure calcium phosphate. The powdered ash is returned to families in an urn.

The process uses one-tenth of the energy of a flame-based cremation and does not emit any harmful greenhouse gases. Plus, alkaline hydrolysis returns 20% more bone remains to the family than flame cremation. The process does take longer, 6 to 18 hours depending on the system. Learn more online at www.AquamationInfo.com.

Whether you cremate by water or fire, there are no cremation police. You can do what you wish with the remains: inter in a cemetery or columbarium, turn them into stones or artwork, give them a creative scattering over air, sea or land, and many other options.

Body Composting

In 2020, Colorado Representative Brianna Titone introduced HB20-1060, Natural Organic Reduction Human Remains. The bill would make body composting legal in Colorado. Recompose, a public benefit corporation based in Seattle, created a system for composting human bodies into nutrient-rich soil. Washington State made this disposition method legal starting May 2020.

Composting combines nitrogen (from bodies), carbon (from wood chips or sawdust), moisture and oxygen. The process breaks down tissue and releases heat which can reach 150°F, hot enough to kill most pathogens. The process can reduce a whole cow, including the bones, into nutrient-rich soil within nine months.
The Recompose approach works in 30 days.

What Would You Want?

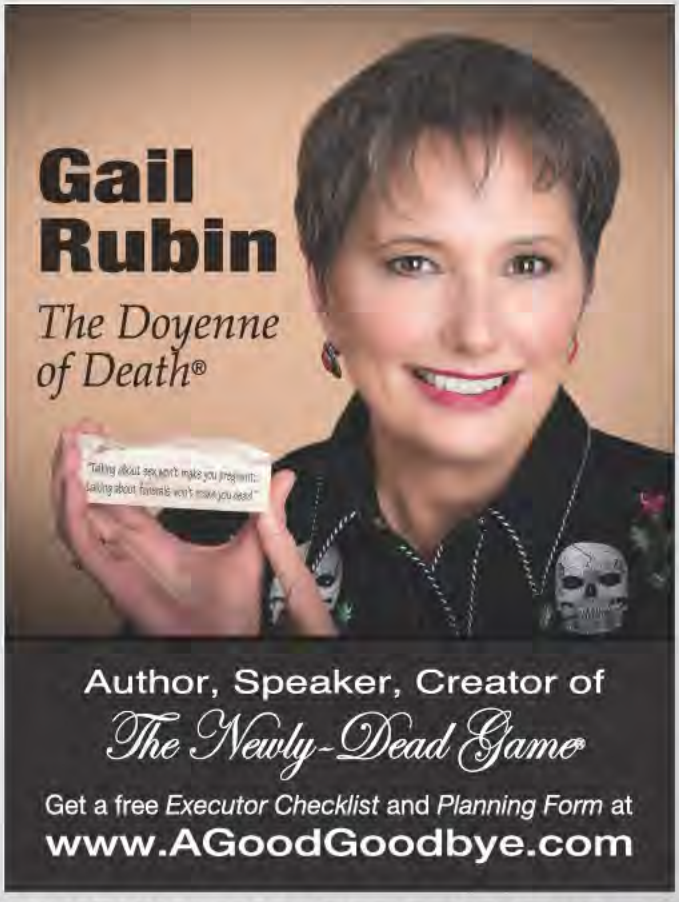
Do you know what you or your loved ones would want for a "Good Goodbye"? Are you prepared? Test your partner or yourself at The Newly-Dead Game, being played in the Caribou Shopping Center! Session game times are:

- Couples can play Saturday, March 14 at 1:00 p.m. and Sunday, March 15 at 4:00 p.m.
- Individuals, and everyone in the audience, can play Saturday, March 14 at 5:00 p.m. and Sunday, March 1 at noon.

During showings of "Grandpa's in the TUFF Shed®," you can also see a trailer for the forthcoming Nederland-based TV series, "Frozen Dead." See you at the Caribou Shopping Center!

About Gail Rubin, Certified Thanatologist

Gail Rubin, CT, is a pioneering death educator, speaker, author, Before I Die Festival coordinator and creator of The Newly-Dead Game®. Known as The Doyenne of Death®, she is the author of A Good Goodbye: Funeral Planning for Those Who Don't Plan to Die and Kicking the Bucket List: 100 Downsizing and Organizing Things to Do Before You Die. Download an Executor's Checklist and planning form at: **www.AGoodGoodbye.com**



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